



# **PRODUCT CATALOG**

## WHO IS ASI?

We serve as the Turkey team of the well-established and prestigious ASI, which was established in Australia and exists in 30 different countries. We are proud to be the first and only ASIC, ASI and IAF internationally approved educational institution in Turkey. On this path, which we have embarked on based on our international experience, it would not go without saying that we provide high-level trainings all over our country, especially in Ankara and Istanbul. We are quite assertive that we train well-equipped and prestigious expert trainers in Turkey!

You shouldn't limit anything,

By internalizing the motto "The more you dream, the further you go", we argue that there is nothing you cannot do, and that you can go far beyond your dreams when you exceed your own limits. As such, we take you beyond your dreams.

"IF NOT NOW, WHEN?"

## WHY ASI?

As Australia Sports Institute, we offer the highest level of education quality by using International Modules in our trainings. If you say "I want to be the most prestigious trainer in Turkey but I don't know how", ASI is the right address for you! You can be a great trainer with the training you have received from us. Of course, our possibilities are not limited to this. With the International Certificate Diploma Accreditation Card and Certificate you will receive at the end of your education, you can also have the opportunity to work abroad. Who would not want that?

We have no doubt that you will successfully graduate from the Institute! Of course, we do not forget to provide internship opportunities and job opportunities at ASI studios for our graduate trainer candidates. If you graduated from ASI, you are extremely lucky because candidates who graduated from ASI can work as 'trainers' and personal trainers (Personal Trainers) in Sports centers in Turkey. .

# COMBO CADILLAC REFORMER

## PERFECT MOVEMENT

Combo Cadillac offers fluid movement with superior adjustment options. It also saves space with its special design.

## UNLIMITED SETTING OPTIONS

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed. Reformer, Mat use.



8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

Durable and high quality aluminum rails.

Long wide matte mattress and orthopedic sponge-covered sliding mattress of the same width.

Unmatched sharpness in arc setting options. Springs are special steel coil production with different resistances for each color.

There are 5 springs in the carrier.

Adjustable rollers.

Adjustable hood, shoulder pads and foot bar.

3 different gear options for each spring.

The included Box and Jump board are included in the extensive list of accessories.

The buckles used are of high quality and special sewing.



## **HIGH QUALITY MATERIALS**

The solid wood used in the body has been cut with CNC Technology. Like this; Robust and aesthetic material has been obtained. All materials, from the smallest materials used to the steel bolts of the wheels under the carrier, were produced and used as a result of detailed R&D studies.

30mm thick Solid Beech Wood is used in its body.

In order not to spoil the properties of the wood, wooden wedges were used instead of iron screws. Wooden accessories are made of hornbeam wood.

Carrier pipes are made of 100% chrome material with a thickness of 2mm in order to be suitable and durable for carrying high weights.

Lock and connection apparatus are special casting production.

Grip Sponges do not sweat or slip. The buckles used on pullers and other fabrics are of high quality and special sewing.

## **PRODUCT FEATURES - TOWER REFORMER**

### **PERFECT MOTION**

Tower Reformer offers fluid movement with superior adjustment options. It also saves space with its special design.

### **UNLIMITED SETTING OPTION**

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed. Reformer, Mat use.

8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

Durable and high quality aluminum rails.

Long wide matre mattress and orthopedic sponge-covered sliding mattress of the same width.

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There are 5 springs in the carrier.

Adjustable rollers.

Adjustable hood, shoulder pads and foot bar.

3 different gear options for each spring.

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30mm Solid Beech Wood is used in its body.

In order not to spoil the properties of the wood, wooden wedges were used instead of iron screws. Wooden accessories are made of hornbeam wood.

Carrier pipes are made of 2mm 100% chrome material to be durable and suitable for carrying high weight.

Lock and connection apparatus are special casting production.

Grip Sponges do not sweat or slip. The buckles used on pullers and other fabrics are of high quality and special sewing.



## **PRODUCT FEATURES - REFORMER**

### **PERFECT MOVEMENT**

Reformer offers smooth movement with superior adjustment options. It also saves space with its special design.

### **UNLIMITED SETTING OPTIONS**

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed. Reformer, Mat use.

8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

Durable and high quality aluminum rails.

Long wide matre mattress and orthopedic sponge-covered sliding mattress of the same width.

Unmatched sharpness in arc setting options. Springs are special steel coil production with different resistances for each color.

There are 5 springs in the carrier.

Adjustable rollers.

Adjustable hood, shoulder pads and foot bar.

3 different gear options for each spring.

The included Box and Jump board are included in the extensive list of accessories.



## PRODUCT FEATURES - TRAPEZE TABLE CADILLAC

### PERFECT MOVEMENT

Trapeze Table Cadillac offers fluid movement with superior adjustment options. It also saves space with its special design. Durable and high quality aluminum rails.

Long wide matte mattress and orthopedic sponge-covered sliding mattress of the same width.

Adjustable rollers.

The included Box and Jump board are included in the extensive list of accessories.



### HIGH QUALITY MATERIALS

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30mm thick Solid Beech Wood is used in its body. In order not to spoil the properties of the wood, wooden wedges were used instead of iron screws.

Wooden accessories are made of hornbeam wood.

Carrier pipes are made of 100% chrome material with a thickness of 2mm in order to be suitable and durable for carrying high weights.

Lock and connection apparatus are special casting production.

Grip Sponges do not sweat or slip. The buckles used on pullers and other fabrics are of high quality and special sewing.



## **PRODUCT FEATURES - METAL TOWER REFORMER**

### **PERFECT MOVEMENT**

Metal Reformer offers smooth movement with superior adjustment options. It also saves space with its special design.

### **UNLIMITED SETTING OPTIONS**

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed. 8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

Durable and high quality rails.

Long wide matte mattress and orthopedic sponge-covered sliding mattress of the same width.

Unmatched sharpness in arc setting options. Springs are special steel coil production with different resistances for each color.

There are 5 springs in the carrier.

Adjustable rollers.

Adjustable hood, shoulder pads and foot bar.

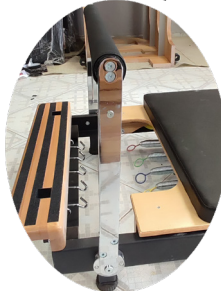
3 different gear options for each spring.

The included Box and Jump board are included in the extensive list of accessories.

**FOOTBAR**



**GEARBAR**



## **PRODUCT FEATURES - METAL REFORMER**

### **PERFECT MOVEMENT**

Metal Reformer offers smooth movement with superior adjustment options. It also saves space with its special design.

### **UNLIMITED SETTING OPTIONS**

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed. 8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

Durable and high quality rails.

Long wide matte mattress and orthopedic sponge-covered sliding mattress of the same width.

Unmatched sharpness in arc setting options. Springs are special steel coil production with different resistances for each color.

There are 5 springs in the carrier.

Adjustable rollers.

Adjustable hood, shoulder pads and foot bar.

3 different gear options for each spring.

The included Box and Jump board are included in the extensive list of accessories.

**FOOTBAR**



**GEARBAR**



## **FOLDING REFORMER**

### **PRODUCT FEATURES - FOLDING REFORMER**

#### **PERFECT MOVEMENT**

Katlanır Reformer, üstün ayar seçenekleri ile akıcı hareket imkanı sunar. Ayrıca özel tasarımı ile yerden tasarruf sağlar.

#### **UNLIMITED SETTING OPTION**

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed.

8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

Durable and high quality rails.

Long, wide, orthopedic sponge-covered sliding mattress.

Unmatched sharpness in AR adjustment options. Springs are special steel coil production with different resistances for each color.

There are 5 springs in the carrier.

Adjustable hood, shoulder pads and foot bar.

The included Box and Jump board are included in the extensive list of accessories.



**FOOTBAR**



**GEARBAR**



## **HIGH QUALITY MATERIALS**

The iron used in the body has been cut with CNC Technology. Like this; Robust and aesthetic material has been obtained. All materials, from the smallest materials used to the steel bolts of the wheels under the carrier, were produced and used as a result of detailed R&D studies.

Grip Sponges do not sweat or slip. The buckles used on pullers and other fabrics are of high quality and special sewing.



## FOLDING REFORMER TOWER



Unmatched sharpness in arc setting options. Springs are special steel coil production with different resistances for each color.

There are 5 springs in the carrier. Adjustable hood, shoulder pads and foot bar.

The included Box and Jump board are included in the extensive list of accessories.

### PRODUCT FEATURES - FOLDING REFORMER TOWER

#### PERFECT MOVEMENT

Folding Reformer offers fluid movement with superior adjustment options. It also saves space with its special design.

#### UNLIMITED SETTING OPTION

Expanded gear options provide the most precise control of spool angle, while allowing spring resistance adjustments to be made exactly as needed.

8 specially produced wheels and bearings on the carrier for a quiet and comfortable ride.

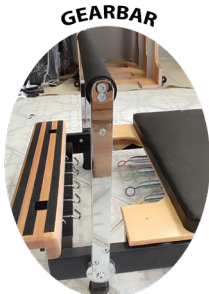
Durable and high quality rails.

Long, wide, orthopedic sponge-covered sliding mattress.



## HIGH QUALITY MATERIALS

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## FOLDABLE TOWER POLES

Iron used in the body; Made of durable materials. Thanks to its foldable Tower Poles, it takes up little space and can be easily transported.



## PRODUCT FEATURES - COMBO CHAIR

Soft Transitions; An innovative pedal design is used in the PP Systems Combo Chair that increases mobility, provides smooth transitions and allows fine adjustments in both the spring tension and the height of the hand.

High Adjustability; Smooth transitions between resistor settings without the need to remove the springs.



- Comfort, consistent and wide range of motion with the rounded, ergonomic pedal.
  - Possibility of using separate or single pedal.
  - Cushion, pedal and hand grips covered with easy-to-grip orthopedic foam.
  - Wheels for quick and easy transport.
  - 2 black and 2 white springs with different resistances are included.
- All materials used have been produced and used as a result of detailed R&D.

## PRODUCT FEATURES - BARREL PREMIUM

Barrel Premium orthopedic padded sponge provides comfort and support with its curved design.

Barrel Premium, increased width and standing platform make barrel exercises easier.

- Quality furniture, solid frame made of specially produced wood.
  - New movement possibilities with long sliding distance.
  - High level of comfort with orthopedic sponge and non-slip vinyl coating.
- All materials used have been produced and used as a result of detailed R&D.





## PRODUCT FEATURES - WOODEN BARREL

- Leather colour: Black

Wood Barrel; Orthopedic padded sponge provides comfort and support with its curved design.

Wood Barrel; The increased width and standing platform make barrel exercises easier. Quality furniture, solid frame made of specially produced wood that provides the highest durability against all conditions.

- New movement possibilities with long sliding distance.

- High level of comfort with orthopedic sponge and non-slip vinyl coating.

All materials used have started to be produced and used as a result of detailed R&D.



## **PRODUCT FEATURES - SPINE CORRECTOR**

Spine Corrector, ergonomic design and orthopedic sponge support optimum positioning and movement.

- Easy to lift and replace with easy-to-grip handles
- Quality furniture, solid frame made of specially produced wood.
- High level of comfort with orthopedic sponge and non-slip vinyl coating.



## **PRODUCT FEATURES - ARC BARREL**

Arc Barrel, ergonomic design and orthopedic sponge support optimal positioning and movement. Skin color: Black

- Easy to lift and replace with easy-to-grip handles
- Quality furniture, solid frame made of specially produced wood.
- High level of comfort with orthopedic sponge and non-slip vinyl coating.

All materials used have been produced and used as a result of detailed R&D.



## **PRODUCT FEATURES - ORBIT**

ORBIT, ergonomic design and orthopedic sponge support optimum positioning and movement. Skin color: Black

- Easy to lift and replace with easy-to-grip handles
- Quality furniture, solid frame made of specially produced wood.
- High level of comfort with orthopedic sponge and non-slip vinyl coating.

All materials used have been produced and used as a result of detailed R&D.



## Port Pilates Wall Tower with Mat



All wall and mat exercises;  
It allows you to do it with pleasure without sacrificing your comfort.

This set is designed to allow you to save space and space. Whether in your studio or at home, you can do your exercises safely and with pleasure.

### Features:

It is produced from 1st class beech wood. It is protected against liquids as it is produced by applying a special matte varnish.

Antibacterial 1st class leather is used on all upholstery.

The product allows all stretching and stretching exercises to be performed thanks to the wooden push bar.

It is mounted on the wall. It is a useful product for homes and studios as it does not take up space.

Metal parts are chrome plated on iron.

The number of working springs in the upper group is 8. (short yellow-purple 2 pcs / long yellow-purple 2 pcs )

All springs used on the equipment are made of 1st class steel material.

## Swedish Wall



With the Swedish Wall, you can do all your workouts that you can do at home with bench, dips, pull-ups and climbing wall in one tool. Appropriate coatings have been made on the areas that your body comes into contact with, and suitable materials have been used in accordance with sports. The Swedish Wall has been produced by calculating and strengthening your weight and the weights you will lift. The model we produce using durable metal materials can carry a weight of 200 kg and can be used by both children and adults.

Balance boards are produced entirely from Wooden Material with Beech wood and domestic facilities. With the Port Pilates balance board, you can perform many sports movements both indoors and outdoors while having fun.



Features of Balance Board:

Contributes to Fitness, Pilates, Yoga exercises. You can develop both core muscles (waist and abs) and lower body (hips, calves, legs).





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